

## Prevention Services

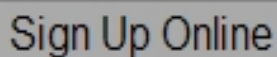
Prevention Services is a Town funded program of Youth & Family Services working in close collaboration with the School Department and the Bedford Police Department.

The focus of prevention services is on tobacco, alcohol, and drug awareness education for the children, youth and adults in Bedford. Educational resources are available for any Bedford resident.

Some of the services provided by the Prevention Services Coordinator include oversight of the biannual [Youth Risk Behavior Survey](#) , implementation of drug and ETOH education program as well as [diversion](#) services for those eligible youth, coordination of Substance Abuse Awareness month, coordination of the [Safe Homes](#) and [parent education programs](#) .

For more information on [prevention related issues](#) e-mail Jessica Santos, Prevention Services Coordinator at [jessicas@bedfordma.gov](mailto:jessicas@bedfordma.gov)

To sign up for SAFE HOMES click the button below.

A rectangular button with a light gray background and a thin black border. The text "Sign Up Online" is centered in a dark gray, sans-serif font.

## Volunteer Opportunity Program

The Volunteer Opportunity Program was begun by Bedford Youth and Family Services (BYFS) in response to a growing number of requests from community members looking for places to

volunteer. In response to these requests, Bedford Youth and Family Services has created a system whereby we will act as a clearinghouse for volunteers and for those seeking volunteers.

A Volunteer Opportunity Notebook has been created and includes both long and short term projects. A student over the age of 18 or an adult looking to volunteer is invited to come to the BYFS office and look through the notebook. A student under the age of 18 will be required to have permission form signed by a parent before reviewing opportunities in the book. BYFS does not screen applicants, volunteer sites or provide supervision.

The [Parent Permission Form](#) is available on line as is the [Volunteer Request Form](#) for a group or organization with an opportunity for volunteers. For questions, contact the Prevention Services Coordinator, BYFS, 781-275-7727.

### Quit Smoking



[Tools to Quit Smoking](#)

[Alcohol & Your Health](#)